SAMPLE CASE SHEET
CASE SHEET

NAME :  
Date of birth :
Age :  
Father's Name :
Address :

Occupation : Father-  
Mother-

Total Income of Family : Rs. /Month.
Per capita income : Rs. /Month.

Birth order of child:
Genetical tree :

Dietary History : 

Breast Milk
Artificial Milk only
Added artificial milk
Solids added

Present diet :
Calories  Proteins  Adequate / Inadequate

IMMUNIZATION HISTORY :

<table>
<thead>
<tr>
<th>Smallpox</th>
<th>B.C.G.</th>
<th>Polio(oral)</th>
<th>Triple(D.P.T.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
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<td>II</td>
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<td>V</td>
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</tbody>
</table>
ANTENATAL & NATAAL HISTORY:

<table>
<thead>
<tr>
<th>Gest. period</th>
<th>Birth wt.</th>
<th>Drug intake</th>
<th>Significant illness</th>
</tr>
</thead>
</table>

NOTE:

POST NATAL HISTORY (First 4 weeks):
- No problem
- Fever
- Sepsis
- Jaundice
- Cyanosis
- Others

MILESTONES (DEVELOPMENTAL BEHAVIOUR):

MOTOR:

1. Head control
2. Sitting
3. Crawling
4. Standing with support without support
5. Walking
6. Running

Comments if any.

MANIPULATIVE:

1. Grasp
2. Self feeding: Spoon
   - Cup
3. Help in dressing

Comments if any.

SOCIAL:

1. Smile (Social)
2. Response to call by name
3. Sphincter control: Bladder
   - Bowel

Day Night Day Night

Comments if any.
SPEECH :
1. Single word (Momma etc.)
2. Jargon
3. Small broken sentences
4. Long sentences
Comments if any.

FAMILY HISTORY :

PRESENT ILLNESS :

PAST ILLNESS :
1. Category 1
2. Category 2
3. Definite H/O Primary complex
4. H/O Pertussis
   Measles
   Worm infestation

Note: Category 1 = H/O acute illness viz. fever, vomiting, 
convulsion etc. lasting more than 6 days 
during the previous two weeks.

Category 2 = H/O cough, fever, vomiting, convolution, 
diarrhoea etc. lasting more than 3 weeks any time 
during the previous six months.
CLINICAL EXAMINATION

GENERAL APPEARANCE:

Healthy
Malmournished

Psychomotor changes:
Fretful
Listless

HAIR:
Normal
Dyspigmentation
Easy pluckability
Sparseness

FACE:
Moon Face

EYES:
Conjunctival xerosis
Bitot's spots
Pake conjunctiva

MOUTH:
Angular stomatitis
Cheilosis
Glossitis
Swollen bleeding gums.

DENTITION:
Thyroid gland:
Goitre

SKIN:
Edema (Bilateral)
Follicular hyperkeratosis
(Type I)
Follicular dermatosis
Platy palm dermatosis
Diffuse depigmentation
Necrotic dermatosis

Loss of Subcutaneous Fat:
Muscle wasting:
SKELETON:
- Epiphyseal enlargement (wrist)
- Hickety Hosery
- Persistently open ant. font.
- Harrison’s sulcus
- Bossing of skull
- Knock knees
- Bow legs.

NOTE:

ABDOMEN:
- Liver
- Spleen
- Fat belly
- Any other.

C.V.S.:
- Normal
- Any abnormality

RESPIRATORY SYSTEM:
- Normal
- Any abnormality

C.N.S.:
- Normal
- Any abnormality

ANTHRHOPOMETRY:
- Weight
- Length / Height
- Mid-arm circumference

NOTE:
INVESTIGATIONS

DATE

BLOOD:

Haemoglobin
T.L.C.
U.L.C.
Total Serum proteins
Serum albumin
Serum globulins
AG Ratio

URINE:

STOOL:

X-ray chest
(if necessary):

IMMUNOLOGICAL INVESTIGATIONS:

Total Haemolytic complement (CH50) titre:

Alternative Pathway Activity (AP50):

Serum Complement CS level:

Other Relevant Investigation: